

Mayfield School Health Office

High School: Janine Kilpatrick-Eccles R.N. 661-8211

Elementary School: Rebecca Lestage R.N. 661-8254

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. Our school district has been selected to take part in a survey by the New York State Department of Health for the 2015-2016 school year and we will be reporting to New York State Department of Health information about our students' weight status groups.

Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you **do not** wish to have your child's weight status group information included as part of the 2015-2016 Health Department's survey, please print and sign your name below and return this form by **November 20, 2015** to:

High School

Janine Kilpatrick-Eccles R.N.
518-661-8211
Fax: 518-661-7666

Elementary School

Rebecca Lestage R.N.
518-661-8254
Fax: 518-661-6590

Please do not include my child's weight status information in the **2015-2016** School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature