

# HUMAN SERVICES DIRECTORY



A publication of the Mental Health Association  
in Fulton & Montgomery Counties

**Revised 8/2018**

# HUMAN SERVICES DIRECTORY

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**FULTON COUNTY  
DEPARTMENTS**

**COUNTY WEBSITE:** [www.co.fulton.ny.gov](http://www.co.fulton.ny.gov)

**ADULT PROTECTIVE & LONG TERM CARE SERVICES**

4 Daisy Lane  
PO Box 549  
Johnstown, NY 12095  
Phone: 518 736-5718  
Fax: 518 762-0080

**CIVIL DEFENSE**

2714 State Rte. 29  
Johnstown, NY 12095  
Phone: 518 736-5856  
Fax: 518 762-4938

**COMMUNITY SERVICES**

Fulton County Community Services  
57 East Fulton Street, Room 106  
Gloversville, NY 12078  
Phone: 518 773-3557  
Fax: 518 773-3561

**CORNELL COOPERATIVE EXTENSION  
FULTON & MONTGOMERY COUNTIES**

Fonda Annex Building  
20 Park St. Room 202 PO Box 1500  
Fonda, NY 12068  
Phone: 518 853-2135  
Fax: 518 853-2129  
[fultonmontgomery@cornell.edu](mailto:fultonmontgomery@cornell.edu)

**CRIME VICTIMS ASSISTANCE**

Fulton County Office Building  
223 W. Main Street  
Johnstown, NY 12095  
Phone: 518 736-5511

**DEPARTMENT OF SOCIAL SERVICES**

4 Daisy Lane, P.O. Box 549  
Johnstown, NY 12095  
Phone: (Services) 518 736-5600  
Fax: 518 762-0080

**DISTRICT ATTORNEY'S OFFICE**

County Office Building  
223 West Main Street  
Johnstown, NY 12095  
Phone: 518 736-5511  
Fax: 518 762-2042

**DRUG COURT**

223 West Main Street  
Johnstown, NY 12095  
Phone: 518 736-5800  
[sluck@nycourts.gov](mailto:sluck@nycourts.gov)

**FAMILY COURT**

223 West Main Street  
Johnstown, NY 12095  
Phone: 518 762-3840  
Fax: 518 451-8745

**OFFICE FOR THE AGING**

19 North William Street  
Johnstown, NY 12095  
Phone: 518 736-5650  
Fax: 518 762-0698  
[www.fcofa.org](http://www.fcofa.org)

**PROBATION**

64 East Fulton Street  
Gloversville, NY 12078  
Phone: 518 773-3565  
Fax: 518 773-7958

**PUBLIC DEFENDER'S OFFICE**

55 East Main Street Suite 310  
Johnstown, NY 12095  
Phone: 518 736-5820  
Fax: 518 762-0122

**PUBLIC HEALTH**

2714 State Highway 29  
P.O. Box 415  
Johnstown, NY 12095  
Phone: 518 736-5720  
Fax: 518 762-1382

**VETERANS SERVICES AGENCY**

County Office Building – Basement Room 10  
223 West Main Street  
Johnstown, NY 12095  
Phone: 518 736-5650  
Fax: 518 762-0698  
[veterans@fultoncountyny.gov](mailto:veterans@fultoncountyny.gov)

**SHERIFF'S OFFICE**

2712 State Highway 29 PO Box 20  
Johnstown, NY 12095  
Phone: 518 736-2100 (Office)  
518 736-2198 (Jail)  
Fax: 518 736-2126

**YOUTH BUREAU**

19 N. William Street  
Johnstown, NY 12095  
Phone: 518 736-5650  
Fax: 518 762-0698

**MONTGOMERY COUNTY  
DEPARTMENTS**

**COUNTY WEBSITE:** [www.co.montgomery.ny.us](http://www.co.montgomery.ny.us)

**CHILDREN WITH SPECIAL NEEDS PROGRAM**

County Annex Building  
20 Park Street, P.O. Box 1500  
Fonda, NY 12068-1500  
Phone: 518 853-3531  
Fax: 518 853-8218

**CORNELL COOPERATIVE EXTENSION  
FULTON & MONTGOMERY COUNTIES**

Fonda Annex Building  
20 Park St. Room 202  
Fonda, NY 12068  
Phone: 518 853-2135  
Fax: 518 853-2129  
ccefmc.com  
[fultonmontgomery@cornell.edu](mailto:fultonmontgomery@cornell.edu)

**DEPARTMENT OF SOCIAL SERVICES**

64 Broadway, P.O. Box 1500  
Fonda, NY 12068  
Phone: 518 853-4646  
Fax: 518 853-8327

**DISTRICT ATTORNEY'S OFFICE**

New County Courthouse  
58 Broadway P.O. Box 1500  
Fonda, NY 12068  
Phone: 518 853-8250  
Fax: 518 853-8212

**FAMILY COURT**

New County Courthouse  
58 Broadway, PO Box 1500  
Fonda, NY 12068  
Phone: 518 853-8133  
Fax: 518 238-4370

**FULMONT COMMUNITY ACTION AGENCY, INC.**

County Annex Building  
20 Park Street  
Fonda, NY 12068  
Phone: 518 853-3011  
Fax: 518 853-3855

**MONTGOMERY COUNTY EMERGENCY MANAGEMENT**

Public Safety Facility  
200 Clark Drive PO Box 338  
Fultonville, NY 12072  
Phone: 518 853-4011  
Emergency After Hours: 518 853-4714

**OFFICE FOR THE AGING**

135 Guy Park Avenue  
Amsterdam, NY 12010  
Phone: 518 843-2300  
Fax: 518 843-7478

**PROBATION DEPARTMENT**

Public Safety Facility  
200 Clark Drive PO Box 338  
Fultonville, NY 12072  
Phone: 518 853-8380  
Fax: 518 853-8228

**PUBLIC DEFENDER'S OFFICE**

Public Safety Facility  
200 Clark Drive PO Box 338  
Fultonville, NY 12072  
Phone: 518 853-8305  
Fax: 518 853-8308

**PUBLIC HEALTH**

County Annex Building  
20 Park Street PO Box 1500  
Fonda, NY 12068-1500  
Phone: 518 853-3531  
Fax: 518 853-8218

**SHERIFF'S OFFICE**

P.O. Box 432 – 22 Clark Drive  
Fultonville, NY 12072  
Office Phone: 518 853-5500  
Office Fax: 518 853-4096  
Jail Phone: 518 853-5555, 518 853-5556  
Jail Fax: 518 853-4685

**VETERANS SERVICE AGENCY**

County Annex Building  
20 Park Street, PO Box 1500  
Fonda, NY 12068  
Phone: 518 853-8152  
Fax: 518 853-5023

**YOUTH BUREAU**

County Annex Building  
20 Park Street PO Box 1500  
Fonda, NY 12068  
Phone: 518 853-4355  
Fax: 518 853-8299

<b><i>Hotlines &amp; Helplines</i></b>
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**AIDS/HIV****AIDS National Hotline**

1-800-232-4636

**AIDS Treatment Information Services**

1-800-HIV-0440 (1-800-448-0440)

**Project Inform HIV/AIDS Treatment Hotline**

1-800-822-7422

**Alcohol/Drugs****Addiction Services Hopeline**

1-877-846-7369

**Al-Anon/Al-Ateen Hotline**

*For young people who are the relatives and friends of a problem drinker.*

1-800-344-2666



**Al-Anon Family Group Headquarters**

1-800-356-9996

**National Association for Children of Addiction**

1-888-55-4COAS (1-888-554-2627)

**Substance Abuse Hotline**

1-800-662-4357

**Child Abuse**

**Child Abuse & Maltreatment Center** (general public telephone number)

1-800-342-3720

**National Domestic Violence Hotline** (confidential mandated reporter number)

1-800-799-7233

**Rape, Abuse and Incest National Network (R.A.I.N.N.)**

1-800-656-4673

**Domestic Violence & Dating Violence**

**Catholic Charities of Fulton & Montgomery Counties**

**Fulton County**

55 East Main St. Suite 100

Johnstown, NY 12095

Phone: 518 762-8313

Fax: 518 762-4092

**Montgomery County**

1 Kimball St

Amsterdam, NY 12010

Phone: 518 842-4202

Fax: 518 842-4245

**Domestic Violence & Crime Victim's Local Hotline**

518 842-3384

**Family Violence Project of the Family Counseling Center**

11-21 Broadway Street

Gloversville, NY 12078

Office: 518 725-4310

Hotline: 518 725-5300

Fax: 518 725-2556

[www.thefamilycounselingcenter.org](http://www.thefamilycounselingcenter.org)

## **Fulton/Montgomery Rape Crisis/Sexual Assault Support Services**

400 North Perry Street  
Johnstown, NY 12095  
Office: 518 736-1911  
Hotline: 1-866-307-4086

## **National Domestic Violence Hotline**

1-800-799-7233

## **NYS Domestic Violence & Sexual Violence Hotline**

1-800-942-6906

### **Eating Disorders**

<b>Anorexia/Bulimia Association</b>	1-800-931-2237
<b>Eating Disorders Awareness &amp; Prevention</b> (8am-12noon)	1-800-931-2237
<b>Eating Disorders Center</b>	1-888-236-1188
<b>Food Addiction</b>	1-800-872-0088

### **Human Trafficking**

<b>National Human Trafficking 24/7 Hotline</b>	1-800-373-7888
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### **LGBT**

<b>LGBT National Hotline</b>	1-888-843-4564
EST: Monday-Friday 4pm-12midnight, Saturday 12noon-5pm	
<a href="http://www.glbthotline.org">www.glbthotline.org</a>	

<b>MHA LGBT Resource Center</b>	518 762-5332
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<b>Pride Center of the Capital Region</b>	518 462-6138
332 Hudson Avenue	FAX 518 462-2101
Albany NY 12210	
Phone: 518 462-6138	
Fax: 518 462-2101	

<b>The Trevor Lifeline</b> (Gay/Lesbian Youth Suicide Prevention)	1-866-488-7386
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### **Mental Health**

<b>St. Mary's Healthcare Mental Health Crisis Hotline</b>	518 842-9111
<b>Mental Health America</b>	1-800-969-6642
<b>NAMI, National Alliance for the Mentally Ill</b> (helpline)	1-800-950-3228
<b>National Institute of Mental Health</b>	1-866-615-6464

## Pregnancy/Reproductive Health

**Prenatal Care Assistance Program** 1-800-522-5006  
**Planned Parenthood** **Fulton Co.** 518 736-1911  
**Montgomery Co.** 518 842-0285  
**Sexually Transmitted Infection Hotline** 1-800-227-8922  
**Unplanned Pregnancy Hotline Solutions Center** 1-800-648-HELP (4357)

## Runaway

**National Youth Crisis Hotline** 1-800-422-HOPE (4673)  
**National Runaway Safe Line** 1-800-Runaway

## Sexual Assault & Abuse

**Fulton Co. Sexual Assault Support Services** 518 736-1911 (ext.522)  
**Montgomery Co. Sexual Assault Support Svcs.** 518 842-0285 (ext. 605)  
**Sexual Assault Support Services** 1-866-307-4086  
(24 Hour Staffed Hotline)  
**Sexual Assault & Abuse Hotline** 1-800-656-HOPE

## Suicide

**American Foundation for Suicide Prevention** 518 791-1544  
**Crisis Text Line** Text 741-741

*Crisis text line serves anyone, in any type of crisis, (depression, anxiety, suicidal thoughts, cutting, eating disorders, bullying, drug abuse, etc.) providing access to free, 24/7 support and information.*

**Fulton County Community Services** 518 773-3557  
**Montgomery County Public Health Department** 518 853-8200  
**(for a mental health "pick up" order)**  
Ernest Gagnon, FC DCS  
Sara Boerenko, MC Director of Community Mental Hygiene Services

*If you have reason to believe that someone who lives in Fulton or Montgomery County is at risk for suicide and they have refused help, Ernest Gagnon or Sara Boerenko can issue an order whereby this person will be picked up by law enforcement and transported to St. Mary's Hospital for evaluation.*

**Montgomery County Public Health Department** 518 853-8200

<b>National Suicide Prevention Lifeline</b>	1-800-273-TALK (8255)
<b>Suicide Prevention Lifeline</b>	1-800-784-2433
<b>St. Mary's Healthcare</b>	518 842-9111
<b>St. Mary's Mental Health Clinic</b>	518 773-3531
<b>The Trevor Life-Line</b> (Gay/Lesbian Youth Suicide Prevention)	1-866-488-7386
<b>Montgomery County Community Services</b> (for a mental health "pick up" order)	518-853-8200
Sara A. Boerenko, LCSW, Director	

*If you have reason to believe that someone who lives in Montgomery County is at risk for suicide and they have refused help, Ms. Boerenko can issue an order whereby this person will be picked up by law enforcement and transported to St. Mary's Hospital for evaluation.*

### **New York State Helplines**

**Adult Care & Assisted Living Complaints** 1-866-893-6772

#### **AIDS**

General Information 1-800-541-AIDS

#### **AIDS Counseling**

Montgomery County – St. Mary's Urgent Care 518 841-3600

Fulton County – Planned Parenthood 518 736-1911

After Hours Hotline:

(Monday-Friday 4pm-8pm,

Saturday & Sunday 10am-6pm) 1-800 872-2777

**American Bar Association** 1-800-285-2221

<http://www.abanet.org>

**Attorney General's Health Care Bureau** 1-800-428-9071

**Attorney General's Helpline** 1-800-771-7755

**Child Abuse & Maltreatment Hotline** 1-800-342-3720

**Child Support Agency** 1-888-208-4485

#### **Crime Victims' Rights**

New York State Crime Victim Board 1-800-247-8035 (victims/claimants only)

e-mail: [cvbinfo@cvb.state.ny.us](mailto:cvbinfo@cvb.state.ny.us)

Albany: 518 457-8727

TTY: 1-888-289-9747

Advocacy Unit: 518 485-9104

NYS Office of Victim Services 718 923-4325

National Association of Crime Victim Compensation Boards: 703 780-3200

## **Hearing Impaired**

NYS Hotline for the Hearing Impaired

Emergency Services Dispatch 1-800-342-4357

NY Relay Service General Information

Persons with TDD to contact persons without: 1-800-421-1220

Persons without TDD to contact persons with: 1-800-421-1220

**Do Not Call Registry** 1-888-382-1222

## **Domestic Violence**

New York State Domestic & Sexual Violence Hotline 1-800-942-6906

NYS Office for the Aging Senior Citizen Hotline (NY Connects) 1-800-342-9871

**Environmental Health** 1-800-458-1158

## **Food and Nutrition Programs**

Child & Adult Care Food Program 1-800-942-3858

Growing Up Healthy Hotline 1-800-522-5006

## **Health Insurance**

Child Health Plus: 1-800-698-4KIDS (4543)

Elderly Pharmaceutical Insurance Coverage Program (EPIC) 1-800-332-3742

\*Fraud & Abuse Hotline 1-800-542-0424

\*Provider Helpline 1-800-634-1340

\*Medicare 1-800-633-4227

**Marketplace Helpline 1-855-355-5777**

**Certified Home Health Care Agencies** 1-800-628-5972

**Hospice Complaints** 1-800-628-5982

**Identity Theft Prevention (NYS Attorney General)** 1-800-771-7755

## **Long Term Care (NYS Dept. of Financial Services)**

NYS Partnership for Long-Term Care: 1-888-NYS-PLTC (697-7582)

**Managed Care Complaints** 1-800-206-8125

**Missing & Exploited Children CYBER TIPLINE** 1-800-843-5678

**National Human Trafficking 24/7 Hotline**

1-888-373-7888

**New York State and National Contact Information for Crime Victims**

*A listing of local services can be obtained on the website: <http://cvb.state.ny.us>  
or contact the New York State Crime Victims Board at 1-800-247-8035*

**Nursing Home Complaints** 1-888-201-4563

**NYS Office of Victim Assistance &  
Community Supervision** 1-800-783-6059

**Office of Mental Health (OMH) Customer Relations:** 1-800-597-8481

**Office of Professional Medical Conduct (Dept. of Health)**  
Complaints and Inquiries 1-800-663-6114

**Office of Professional Discipline** 1-800-442-8106  
*NYS Licensure and Registration – Investigation and prosecution for professional misconduct.*

**Poison Control Center** 1-800-222-1222

**Public Health Duty Officer** 1-866-881-2809

**Senior Citizen's Help Line** 1-800-342-9871

**Sex Offender Registry Information Line** 1-800-262-3257  
<http://www.criminaljustice.state.ny.us>

**Smokers Quitline** 1-866-NYQUITS (697-8487)

**Terrorism Tips Hotline** 1-866-SAFE-NYS

**U.S. Attorney Offices**  
Northern District of New York, Syracuse 315 448-0672

**Victim Connect Resource Center** 1-855-4VICTIM

**West Nile Virus** 1-800-458-1158

***Alcohol & Chemical Addiction, Abuse, and Recovery Services***

**Four Winds Saratoga**  
30 Crescent Avenue  
Saratoga Springs 12866

518 584-3600  
(toll free) 1-800-888-5448  
(Admissions toll free) 1-800-959-1287

**Fulton Friendship House**

18 Cayadutta Street, Gloversville

518 725-1512

*Provides residential options for adults with psychiatric disabilities and alcohol abuse/substance abuse or addiction. Program provides housing, education and support to assist individuals in meeting their recover goals.*

**Hamilton County Community Services**

143 White Birch Lane, Indian Lake

(toll free)

518 648-5355

1-888-825-9077

*Mental health, alcoholism, and substance abuse services.*

*Health Crisis Line 800-533-8443*

**Rob Constantine Recovery Community & Outreach Center** 518 705-4626

86 Briggs St., Suite 6 Johnstown

**24 Hour Peer Hotline 518 705-4627**

*HFM Prevention Council operates a Recovery Community and Outreach Center to help prevent relapse and sustain long-term recovery. The Center facilitates recovery of individuals and their families by providing a substance-free environment. Included is a meeting location, substance-free social functions, prevention, and resource/referral center for services in the area. Services available include: job and resume assistance, housing assistance, and assistance with furthering education. The Center also has Peer Engagement Specialists and a Family Support Navigator. The Specialists use their own experience with addiction and recovery to be resources for individuals suffering from substance use issues. The Family Support Navigator utilizes their own family addiction and recovery expertise to engage with families who have loved ones with a Substance Use Disorder. The center focuses on building the recovery community, and providing a positive outlook for individuals seeking help with addiction and throughout the recovery process.*

**St. Jude Twin Rivers Retreat**

9 Market Street, Amsterdam

1- 888-424-2626

**St. Mary's Addiction Services**

73 North Main Street, Suite 312, Gloversville

518 773-3532

(fax) 518 773-4003

76 Guy Park Avenue, Amsterdam

518 843-4410

24 Hour Crisis Line

518 842-9111

*Group and individual counseling, adolescent and family therapy – also will work with dually diagnosed individuals.*

**The Lighthouse (MHA)**

518 842-5131

*OASAS licensed residential program in Amsterdam for women recovering from addictions – also has the ability for pre-school or younger children to live in the facility.*

**Treatment Center – Conifer Park**

79 Glenridge Road, Glenville, NY 12302

1-800-989-6446  
Fax: 518 399-6842

*Inpatient and outpatient services available*

**Children and Family Services**

**Children’s Health Home of Upstate NY, LLC**

855 209-1142

*Health Home is a care management service model whereby all of an individual’s caregivers communicate with one another so that all of a patient’s needs are addressed in a comprehensive manner. CHHUNY believe that every family has strengths and that families are the natural and most effective drivers of their care.*

**Children’s Mental Health Services**

518 841-3747

St. Mary’s Healthcare Children’s Clinic, 8 Northampton Road, Amsterdam

*This is a multi-agency partnership that works with families in Montgomery County who have children who may be at risk of placement outside their homes. Services are developed to enhance the family’s ability to care for their child at home.*

**Central Assessment Program (CAP)**

518 736-5718

FCDSS, 4 Daisy Lane, PO Box 549, Johnstown

*Central Assessment is a program with shared staff consisting of caseworkers and nurses from the Department of Social Services and Office for the Aging. Central Assessment provides a central entry point to long term care services, for both home care and nursing home care. The Central Assessment team provides a complete social, financial, and health assessment and on-going case management services, if necessary. THERE IS NO CHARGE FOR THE ASSESSMENT OR CASE MANAGEMENT SERVICES. Any resident of Fulton County is eligible for Central Assessment’s evaluation to determine long term care needs.*

**Samaritans Crisis Helpline**

518 689-4673

*Family and Children’s Services of the Capital Region  
11 am – 11 pm*

**The Family Counseling Center**

518 725-4310  
(ext. 134)

11-21 Broadway, Gloversville

*Provides a broad range of high-quality mental health and social services, with particular attention to the needs of children and their families.*

**Adventure by Choice**

*A program targeting at-risk youth in Fulton County schools. It provides experiential activities that increase trust, cooperation, and leadership skills over 4-6 weekly sessions. This program must be requested by classroom teachers or schools.*



**CCSI (Coordinated Children’s Services Initiatives)**

*This is a multi-agency partnership that works with families in Fulton County who have children who may be at risk of placement outside their homes. Services are developed to enhance the family’s ability to care for their child at home.*

**Family Support Program** works to empower families by offering Parent Partner Services, Case Management, Parent Support Groups, Common Sense Parenting workshops, education information, and social and recreational activities. This program is accessed through **CCSI**.

**Gloversville At-Risk Program**

*The Gloversville At-Risk Program provides school-based services to high school and middle school students in the City of Gloversville, in nine self-contained classrooms. These students may exhibit social, emotional and/or behavioral issues that place them at risk of school failure, delinquent behaviors and possible drop out. School based counseling, crisis intervention and group activities are provided through this sub-contract.*

**Mobile Crisis Team/Respite Program**

*Emergency crisis management for children and their families who reside in Fulton County. Limited respite services, available Monday - Friday, may be provided as indicated.*

**Family Counseling Clinic Services**

Fort Plain – 2 Willett St. Fort Plain, NY 13339

Phone: 518 993-2273

Fax: 518 993-2280

Hours: Mon – Thurs. 8 am – 8 pm

Friday 8 am – 5 pm

Gloversville – 11-20 Broadway, Gloversville, NY 12078

Phone: 518 725-4310

Fax: 518 725-3116

Hours: Mon. – Thurs. 8 am – 8 pm

Friday – 8 am – 5 pm

Johnstown – 309 W. Montgomery St. Johnstown, NY 12095

Phone: 518 725-4310 ext. 300

**Lexington Family Services**

518 773-2014

43 Harrison Street, Gloversville

*Helping families in Fulton County who are caring for a child or adult who is developmentally disabled. A wide variety of services are offered. Including respite, recreation, advocacy, support, and education.*

**Mental Health Association in Fulton & Montgomery Counties**

307-309 Meadow Street, Johnstown

518 762-5332

(fax) 518-762-6823

11 Mohawk Place, Amsterdam

518 842-3717

(fax) 518-842-0228

**Advantage/Empire After-School Programs**

*The Advantage After-School Programs are offered, without cost, to any students in the Gloversville Middle School, Boulevard, McNab & Park Terrace Elementary Schools in Gloversville along with Fonda-Fultonville Central School District Elementary and Middle Schools. Any students in the appropriate grades are eligible to enroll.*

**Behavioral Health After School Program**

518 762-5332 (ext. 110)

*This program consists of supervised educational and recreational activities for resident children from both counties (ages 5-15) who have emotional or behavioral problems, or are at-risk for violence, alcohol/substance abuse, educational failure, or illegal activities. Referrals are accepted from therapists, school personnel, counselors, or other service providers who work directly with the child.*

**Child Advocacy Center in Fulton, Montgomery & Hamilton Counties (CAC)**

307-309 Meadow Street, Johnstown 518 736-2443/ Fax 518 736-8128 Fulton Co.  
120 Genessee Lane, Amsterdam 518 627-4645/ Fax 518 627-4302 Montgomery Co.  
2960 State Route 30, Speculator 518 548-5263/ Fax 518 548-5264 Hamilton Co.

*A program in which representatives from law enforcement, child protection, mental health, medical, prosecution, and victim advocacy work together, conducting joint forensic interviews and making decisions about the investigation, treatment, management, and prosecution of child abuse and maltreatment cases. Overseen by the Mental Health Association in Fulton & Montgomery Counties, CAC has a primary goal of ensuring that children are not further victimized by systems designed to protect them.*

**Compeer**

518 762-5332 (ext. 116)

307-309 Meadow Street, Johnstown

*A mentoring program for adults in Montgomery County who have a mental health diagnosis and are receiving mental health services.*

**Compeer for Youth**

518 762-5332 (ext. 116)

307-309 Meadow Street, Johnstown

*Trained adult volunteers are matched as friends and mentors with Montgomery County children who have an emotional or behavioral disorder.*

**Consumer Initiatives**

307-309 Meadow Street, Johnstown

518 762-5332 (ext.103)

*Adult mental health supportive services and community programs. Programs include: Ombudsman, Fulton and Montgomery County Social Clubs and Family Support Program.*

**Daycare (Many Happy Adventures)**

307-309 Meadow Street, Johnstown

518 736-2273

*The daycare center is open to the general public and includes full-time, part-time or drop-in slots for children aged six weeks to five years of age. The daycare center is open from 6:30 am – 6:00 pm, Monday through Friday.*

**Family Support Program**

518 762-5332 (ext. 103 or 114)

307-309 Meadow Street, Johnstown

*Provides social and recreational activities, plus educational information for families that have a family member who is receiving mental health services in both Fulton and Montgomery County.*

**Handy Ups N' Downs Thrift Stores**

101 Guy Park Avenue, Amsterdam

518 842-2790

338 North Comrie Avenue, Johnstown

518 736-1825

*The thrift stores are consumer run businesses that help provide employment training skills for individuals living with mental illness. Both thrift stores are open to the public. The stores are open Monday through Friday 9:00 am – 4:30 pm. Saturday 9:00 am to 2:30 pm.*

**Representative Payee Services**

518 842-3717 (ext. 204)

11 Mohawk Place, Amsterdam

*A program that manages the finances of consumers of mental health services who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income.) Consumers must be a resident of Fulton, Montgomery, or Hamilton Counties.*

**Adult Behavioral Health Home and Community Based Services (BH HCBS)** can help you achieve your life goals and be more involved in your community. MHA offers the following services:

- *Education Support Services*
- *Empowerment Services – Peer Support*
- *Family Support and Training*
- *Habilitation*
- *Pre-Vocational Services*
- *Psychosocial Rehabilitation (PSR)*

Eligibility

*BH HCBS are available for people 21 and over who are enrolled in a Medicaid Managed Care Health and Recovery Plan (HARP) and found eligible after completing the NYS Eligibility Assessment.*

*People enrolled in a Special Needs Plan (SNP) may also be eligible for BH HCBS.*

NYS Eligibility Assessment

- *NYS Eligibility Assessments are completed with Health Home Care Managers or State Designated Entities*
- *HARP members and their care managers use the NYS Eligibility Assessment to develop a Person-Centered Plan of Care*
- *After the assessment, care managers work together with HARP members to identify and select Home and Community Based Services to include in the Plan of Care.*

*These services can help with:*

Independence.Daily Living and Social Skills

- *Gain or Regain life skills such as making social connections or budgeting*
- *Learn how to advocate for yourself and negotiate relationships*
- *If needed, receive treatment and rehabilitation services in your own home*

Education and Employment.

- *Individual Employment Support*
  - *Choice of employment goal and benefits counseling*
  - *Support in finding and keeping a job*

- Support to help you stay on the job and start career planning
- Education support to start, return to, or graduate from school to learn skills to get or keep a job

Peer and Family Supports.

Get help from people who have been there

- Receive support from people who are in recovery
- Give your family and friends the knowledge to help support you

**Residential Services**

518 842-3717

*(These services are accessed through the Adult or Children's SPOA Process.)*

**Children & Youth Community Residence:**

*8-bed capacity serving children and youth ages 12-18. One crisis bed is available.*

**Adult OMH Licensed Programs:**

- 10-bed residence serving individuals generally between the ages of 18-35 with a dual diagnosis.
- 10-bed residence serving individuals age 18-60. A crisis bed and a respite bed are available.
- 10-bed residence serving individuals generally age 60 and over. A crisis bed and respite bed are available.
- Supportive Apartment Program: 24-bed capacity program located at various apartments throughout the city of Amsterdam.
- Supported Housing: A program assisting individuals with living skills in the housing setting of their choice in Montgomery County.

**Licensed OASAS Community Residence:**

*A 12-bed residence serving women recovering from substance abuse and their pre-school children.*

**Single Point of Access for Children's Services (SPOA) in Fulton & Montgomery Counties**

518 762-5332 (ext. 115)

*The purpose of this initiative is to identify those children with a mental health diagnosis who are at the highest risk of an out-of-home placement and to develop, with collaboration of local service providers, appropriate strategies to assist and support these children in our communities.*

**Services accessed through SPOA:**

**CCSI (Coordinated Children's Services Initiative):** *Develops a partnership with families by encouraging active participation in planning and decision making for the child.*

**SCM (Supported Case Management):** *Offered through St. Mary's Healthcare for children 5-18. Coordinates services and supports individuals to lessen the need for inpatient admission and unnecessary ER visits. One SCM covers Fulton and Montgomery Counties, 20 children per caseload.*

**ICM (Intensive Case Management):** *Offered through St. Mary's Healthcare for children 5-18. Coordinates services and supports individuals to lessen the need for*

*inpatient admission, shorten residential placement and avoid unnecessary ER visits. There are 2 ICM's in each county, 12 children per caseload.*

**HCBW (Home & Community Based Waiver):** *Offered through Parsons for children up to age 18. It is a strength-based program with flexible and unconditional support, providing access to crisis response, respite, skill building and intensive in home and family support services. One individualized care coordinator in each county, 6 children per caseload.*

**Parent Education and Advocacy:** *Provides families opportunities to develop needed skills to empower themselves, including parenting and home management, advocacy and support with the CSE process.*

**CR (Community Residence):** *Small, therapeutic group home setting provides structured daily living activities, training in problem solving skills and clinical services.*

**RTF (Residential Treatment Facility):** *Provides individualized, active mental health treatment to children and adolescents within an intensively staffed residential setting.*

### **HFM Prevention Council**

86 Briggs Street, Johnstown

518 736-8188

*Substance abuse prevention, education, referrals for treatment, OASAS supported housing, advocacy, community outreach, workshops, trainings, problem gambling prevention information, self-help meeting lists, Creative Connections Youth Clubhouse in Amsterdam, support for people in recovery, and Choices Program for at risk youth.*

### **NAMI of Montgomery, Fulton, Hamilton Counties**

Riverfront Center, Amsterdam

518 843-3261

*Local affiliate of "National Alliance for the Mentally Ill." Offers support, advocacy, and education to persons/families with a loved one suffering from mental illness. Includes monthly support groups in Amsterdam and Gloversville, training for family members, educational materials and conferences, periodic publications, activities. Local web site: [www.namimfh@gmail.com](mailto:www.namimfh@gmail.com) National web site: [www.nami.org](http://www.nami.org). Volunteer organization. No charge for services.*

## **Veteran's Services**

### **Disabled Veteran's Outreach Program**

2620 Riverfront Center Amsterdam

518 842-3676 Ext 3058

### **Fonda Outpatient Clinic of the Albany V.A.**

2623 State Hwy. 30A Fonda

518 853-1247

### **Mountains to Miracles Veterans Foundation (MMVF)**

Paul DuBois [diplomatman2002@mmvf.org](mailto:diplomatman2002@mmvf.org)

518 842-5313

*Nonprofit serving veterans in the Northeast with a wide variety of issues. Includes "Woofs for Warriors" providing therapy dogs for vets with PTSD, TBI and similar conditions.*

**New York State Division of Veteran's Affairs** 518 474-6114  
*Benefits Counseling Services 800-835-7697*

**VA Medical Center** 518 626-5000  
*Open 24 hours per day 7 days a week. Offices 8 am – 4:30 pm.*

**Veteran's Service Agency**  
Fulton County: 19 North William Street, Johnstown 518 762-0698  
Montgomery County: 20 Park Street, Fonda 518 853-8152

***Clothing & Household Goods***

**Crossroads Community Mission** 518 627-4401  
24 Division Street, Amsterdam  
*Community Meals on Mondays at 5 pm*

**First Presbyterian Church** 518 762-8263  
37 S. Market Street, Johnstown (Use Clinton Street entrance.)  
Thrift Store: Thursday, Friday 9am-1pm and 1st Saturday each month 9am-1pm

**Foothills United Methodist Church** 518 725-9611  
37 Fremont Street, Gloversville  
*Food Pantry Tues-Fri 9 am – 11:15 am*

**Handy Ups N' Downs Thrift Stores**  
101 Guy Park Avenue, Amsterdam 518 842-2790  
338 North Comrie Avenue, Johnstown 518 736-1825

**Helpers Community Service** 518 725-9131  
103 North Main Street, Gloversville  
Free clothing to those in need.

**Johnstown Church of Christ** 518 762-7671  
107 Stoller Road, Johnstown  
Free clothing – call for details

**Salvation Army Thrift Store** 518 725-0243  
48 West Fulton Street, Gloversville

**Warm the Children – Fulton County** 518 725-4119  
Salvation Army, 10 Spring Street, Gloversville

*Provides warm winter clothing for school-aged children in need. Children choose their own clothing. Applications accepted seasonally (notice will appear in the Leader-Herald newspaper)*

## Education

### **BOCES Special Education Department & Special Education Training & Resource Center (SETRC)**

2755 St. Hwy. 67, Johnstown

518 736-4350  
Fax 518 736-4357

*For CSE Chairs/Parent Members in the local school districts.*

### **HealthLink Littauer**

2 Colonial Court, Johnstown

518 736-1120

*A community education service of Nathan Littauer Hospital. HealthLink's mission is to increase community awareness regarding the benefits of health and wellness, and to provide resources for those who choose to make positive healthy lifestyle changes.*

### **Literacy Volunteers**

#### **Literacy New York – Fulton, Montgomery and Schoharie Counties**

73 North Main Street, Ste. 101, Gloversville

(Tuesday Group, Monday & Thursday 9am-3:30pm) 518 725-1440

2 Erie Boulevard, Canajoharie (Tuesday & Wednesday 10 am – 3 pm) 518 227-3786

#### **Montgomery County Literacy Project**

100 Church Street, Amsterdam

518 842-2553

*Literacy volunteers offer free assistance to adults who need to improve their English reading, writing, and communication skills and also prepare students for High School Equivalence Diplomas (GED).*

#### **The Literacy Zone**

43 North Main Street, Gloversville

518 725-3308

### **Hamilton-Fulton-Montgomery BOCES**

Office of Adult Literacy and Incarcerated Education  
2755 State Hwy. 67, Johnstown

518 736-4340

*Adult Basic Skills is for adults who are over 21 and need to work developing reading, writing or math skills up to the eighth grade level. Services are provided mornings and evenings at various locations in Fulton and Montgomery Counties.*

### **Private Industry Council (PIC) Fulton, Montgomery & Schoharie Counties**

43-47 North Main St. Gloversville

518 842-3676

2620 Riverfront Center Amsterdam

518 842-3676

795 East Main St. Suite 4 Cobleskill

518 842-3676

*The Fulton, Montgomery and Schoharie Counties Workforce Solutions System brings together multiple programs and services to job seekers and business customers. Customers are able to conveniently access the employment, training, and information services they need. Integral to our system are the Workforce Solutions Centers which bring together multiple programs and services in a manner seamless to job seekers and business customers. This system can be*

accessed through a variety of ways including walk-in service access, electronic linkage, resource rooms, Internet and other methods.

## **Emergency Services**

**American Red Cross of Northeastern New York** 518 458-8111  
33 Everett Road, Albany 12205

**Code Blue**  
*Address changes yearly* 518 812-6886  
[www.codebluesaratoga.org](http://www.codebluesaratoga.org)

**Emergency Shelters:**  
City Mission of Schenectady, 425 Hamilton Street, Schenectady 518 346-2275  
Utica Mission, 293 Genessee Street, Utica, NY 315 735-1645  
(clothing & food donations only)  
Interfaith Partnership for the Homeless 518 434-8021  
Danielle's House, Amsterdam 518 627-4649

**United Way of Fulton County** 518 725-9817  
110-112 North Main Street, Gloversville Fax 518 725-1362

**United Way of Montgomery County**  
1166 Riverfront Center, Amsterdam 518 842-6650  
Fax 518 842-6880

## **Employment/Vocational**

### **Employment**

**ACCESS VR** 866-698-3743  
55 E. Main St. Suite 010 Johnstown, NY 518 773-2884  
Fax 518 762-7678

### **Vocational & Educational Services for Individuals with Disabilities New York State Department of Labor**

*Employee tax credits and wage reimbursements are provided to employers by ACCESS VR when pre-screened job-ready disabled individuals are hired so follow-up services necessary to ensure employer satisfaction are provided. ACCESS VR also subsidizes the cost of training new disabled employees through tax credits and wage reimbursements that varies depending on the training services.*



**Employment Training Program  
of the Mental Health Association in Fulton & Montgomery Counties**

Johnstown site: 338 North Comrie Avenue, Johnstown 518 736-1825  
Amsterdam site: 101 Guy Park Avenue, Amsterdam 518 842-2790

*Handy Ups N' Downs, a consumer-run business that provides employment and training to help individuals with mental illness re-enter the work force in a peer-supported atmosphere so they may become self-sufficient and feel confident about themselves.*

**LegUP Workplace Solutions**

194 Washington Avenue, Albany 12210 518 434-0439

*Training and coaching for employers provided through Mental Health Association in New York State (MHANYS).*

**Hamilton-Fulton-Montgomery BOCES**

518 736-4340

Adult Services

*Education and training programs in computer services, commercial driver's license (CDL), licensed practical nursing (LPN), and more.*

**Liberty Enterprises**

518 842-5080

43 Liberty Drive, Amsterdam

*The Career and Employment Network (CEN) is the supported employment division of Liberty Enterprises.*

**Workforce Solutions Center  
New York State Department of Labor**

43-47 North Main Street Gloversville 518 842-3676  
2620 Riverfront Center Amsterdam 518 842-3676  
795 East Main St. Cobleskill 518 842-3676  
*Financial assistance and services.*

**Financial**

**Catholic Charities**

55 East Main Street, Suite 100  
Johnstown, NY 12095  
Phone: 518 762-8313  
Fax: 518 762-4092

1 Kimball Street  
Amsterdam, NY 12010  
Phone: 518 842-4202  
Fax: 518 842-4245

*Fuel, electric or rental emergency assistance.*

**Department of Social Services – Fulton County**

518 736-5615

4 Daisy Lane, P.O. Box 549, Johnstown

Public Assistance & Food Stamps	518 736-5675
Medical Assistance	518 736-5625
Central Assessment Program	518 736-5718
Home Energy Assistance Program	518 736-5600

*Includes a financial assistance program for low-income residents to help pay winter heating bills.*

**Department of Social Services – Montgomery County**

518 853-4646

County Office Building, Broadway, Fonda

*Home Energy Assistance Program includes a financial assistance program for low-income residents to help pay winter heating bills*

**Fulmont Community Action Agency**

1200 Riverfront Center	518 842-5336
Ft. Plain Center, 200 Canal Street	518 993-3230
Gloversville Center, 53 Church Street	518 725-7110
Northville Center, 511 Bridge Street	518 863-2177
Fonda Center, 20 Park Street	518 853-3011

*Assistance for low-income persons/families. Food pantries, HEAP (heat) application assistance, weatherization, free senior transportation, child care resources, Wheels to Work.*

**National Grid Consumer Advocates**

518 761-5942

1 Apollo Road Glens Falls

Fax 518 792-4278

*National Grid's Consumer Advocates are available to assist low income and special needs customers by meeting their energy needs through early intervention, crisis bill paying management, and outreach and education. National Grid Consumer Advocates work closely with other community agencies.*

**Representative Payee Services**

518 842-3717

Mental Health Association in Fulton & Montgomery Counties  
11 Mohawk Place, Amsterdam

(ext. 204)

*A program that manages the finances of consumers of mental health services who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income). Must be a resident of Fulton, Montgomery, or Hamilton Counties.*

**Social Security Administration**

Phone: 1-888-528-9446

12 North Arlington Avenue, Gloversville

Fax: 518 725-4627

*Administers SSI, a needs program for the aged, blind, and disabled, as well as Social Security for workers aged 62 and older, their dependents, survivors, disabled workers, and dependents.*

## **Food and Nutrition**

### **FULTON COUNTY Food Pantries/Meal Sites**

*Some food pantries require registration with a pantry card. Contact the pantries to determine regulations and for any changes or cancellations.*

#### **33 Bleecker Center of Hope**

A ministry of the Gloversville First Free Methodist Church  
33 Bleecker Street, Gloversville  
Tuesday 4pm – 6pm; Wednesday 9am – 11am. Closed week of mass food distribution.  
Call: 518 725-5270

#### **Bread of Life Food Pantry** (All are welcome)

221 Reed Street, Northville  
Every Thursday 10:30am – 11:30am  
Call 518 863-4595 for more information

#### **Broadalbin Methodist Church**

67 North Main Street, Broadalbin  
Monday 3:30pm-5:00pm & Thursday 9:30am-11:00am; Except Holidays  
Call: 518 883-5247, 518 883-5296

#### **First Congregational UCC**

31 East Fulton Street, Gloversville  
Last Saturday of the month, 10am – 11am  
All are welcome.  
Call: 518 725-4304

#### **First Presbyterian Church**

16 West Fulton Street, Gloversville  
Last Sunday of the month, 11am – 12noon  
Call: 518 725-7215

#### **Foothills Council of Churches**

17 Freemont Street, Gloversville  
Monday through Friday 8:30am – 10:45am  
Photo ID and pantry card required  
Call: 518 725-9611

#### **Fulmont Community Action Agency**

53 Church Street, Gloversville  
Call: 518 725-7110  
511 Bridge Street, Northville  
Call: 518 863-2177  
Call for days and hours of operation

*Required Documents: ID for all members in household, proof of income and proof of address.*

## **Fulton County Office for the Aging (OFA)**

19 N. William St. Johnstown  
Call: 518 736-5650 Fax 518 762-0698  
Website: [www.fcofa.org](http://www.fcofa.org)  
Hours: Monday-Friday 8 am – 4 pm

*Home delivered meals after a comprehensive in-home assessment (meals for elderly),  
congregate meal sites, nutrition counseling & education by a registered dietician.*

## **Gloversville Council of Churches**

31 Spring Street, Gloversville *By appointment only:* 518 725-5122

## **Gloversville Enlarged School District**

Located at Park Terrace Elementary School  
50 Bloomingdale Avenue, Gloversville 518 775-5750  
*Open to families in the Gloversville School District*  
Tuesdays 4pm – 6pm- summer hours may vary

## **Gloversville Free Methodist Church**

1200 County Hwy. 122 (Phelps Street), Gloversville  
518 725-2332  
Wednesday, 9am – 12noon

## **Gloversville Senior Center**

53 Church Street, Gloversville  
Call: 518 725-0923  
*Call for days and hours of operation*

## **Gloversville Wesleyan Church**

68 Grand Street, Gloversville  
Third Thursday of the month, 9am-12noon Call: 518 725-5040

## **Holy Trinity Catholic Church**

205 Glebe Street, Johnstown  
*Call for days and hours of operation.*  
*Fulton County residents only. Must bring proof of photo ID*  
Call: 518 762-2636

## **Mayfield Presbyterian (Mayfield Residents only)**

22 North Main Street, Mayfield  
First and third Tuesdays 12:30pm – 4:30pm  
518 661-6566

## **North Bush United Methodist Church**

1009 North Bush Road, Caroga Lake  
*Open to Town of Caroga Lake residents only*  
No set hours.  
Call: 518 835-6884

**North Main Street United Methodist Church**

316 North Main Street, Gloversville

Call: 518 762-2636

*Call for hours of operation.*

*Free lunch every Monday, 11:30am – 12:30pm*

**Northeast Regional Food Bank**

518 786-3691

965 Albany Shaker Road, Latham, NY 12110

*If you have questions about the Regional Food Bank or the services we provide, please feel free to contact us at any time.*

**St. John's Episcopal Church of Johnstown**

1 North Market Street, Johnstown

Call: 518 762-9210 Fax 518 762-6745

*Hours by appointment only. Meals on Sundays*

**Salvation Army**

10 Spring Street, Gloversville

Call: 518 725-4119 Fax 518 773-2744

Monday, Tuesday and Thursday; 10am – 12pm noon. Gleaning 10am – 12pm.

*Open to anyone*

*Soup Kitchen dinner Monday, Tuesday and Thursday at 4:30 pm*

**United Methodist Church**

21 North Helmer Street, Dolgeville

Call 315 429-3310

*Thursday 3pm – 4:30pm; Saturday gleaning 9am sharp. First come, first served.*

*Residents of Dolgeville & Oppenheim-Ephratah School Districts only.*

## Free Meal Programs

MONDAY	The Salvation Army 10 Spring Street, Gloversville	4:30pm	518 725-4119
MONDAY	N. Main Street United Methodist Church 316 N. Main Street, Gloversville (Use 7 <sup>th</sup> Avenue entrance.)	12noon	518 725-7323
TUESDAY	The Salvation Army 10 Spring Street, Gloversville	4:30pm	518 725-4119
TUESDAY	Leisure Lounge 73 N. Main Street, 1st Floor Gloversville (For adult consumers of mental health services only.)	4:15pm	518 762-5332 Ext 103
WEDNESDAY	Trinity Anglican Church 14 Grand Street Gloversville	11am-1pm	518 725-7010
WEDNESDAY	Emmanuel Baptist Church 12 James Street Gloversville (No meals in August)	5:00pm	518 725-1072
THURSDAY	Leisure Lounge 73 N. Main Street, 1 <sup>st</sup> Floor Gloversville (For adult consumers of mental health services only.)	4:15pm	518 762-5332 EXT 103
THURSDAY	The Salvation Army 10 Spring Street, Gloversville	4:30pm	518 725-4119
FRIDAY	Church of the Holy Spirit 151 S. Main Street Gloversville	5:30pm	518 725-1226
SATURDAY	Trinity Anglican Church 14 Grand Street Gloversville	11am-1pm	518 725-7010
SUNDAY	Twin Cities Council of Churches St. John's Episcopal Church 1 N. Market Street Johnstown	12 pm	518 762-9210

## MONTGOMERY COUNTY FOOD PANTRIES

*Some food pantries require registration with a pantry card. Contact the pantries to determine regulations and for any changes or cancellations.*

**Amsterdam Calvary Food Pantry**  
200 East Main Street, Amsterdam  
First and third Saturday, 9am-11am

518 842-1261

**Catholic Charities** 518 842-4202  
1 Kimball Street, Amsterdam  
Monday 9am -1pm; Wednesday 9am – 12pm (*for seniors 60+ only*) and  
3 pm – 6 pm for the general public. Thursday 1pm – 5pm

**Fulmont Community Action Agency** 518 842-0790  
1200 Riverfront Center, Amsterdam  
Monday-Friday, 8:30am-4:00pm; extended hours every first and third Thursday  
8:30am – 7pm. summer hours: 8:30am – 3pm. Photo ID required

M.C. Annex Building, 20 Park Street, Fonda Room 206 518 853-8351  
Monday-Friday, 8:30am-3pm.  
*Must bring photo ID or pantry card*

200 Canal Street, Ft. Plain 518 993-3230  
Monday-Friday, 8:30am-4pm (July/August until 8:30am - 3pm)  
Evening hours first and third Tuesday July – August open until 6pm.  
September– June until 7pm.  
*Photo ID required*

**Haven of Hope Ecumenical Food Pantry** 518 853-3621  
10 West Main Street, Fonda  
*Wednesday 5pm-6pm, Thursdays, 12pm – 2pm. Open to residents of Fonda-Fultonville  
School District only. ID required for initial sign-up. For evening hours and more info call.*

**Montgomery County Office for the Aging** 518 843-2300  
135 Guy Park Avenue, Amsterdam  
  
*Offers home delivered meals or congregate dining sites for seniors in Amsterdam,  
Canajoharie, St. Johnsville, Fonda Fultonville, and in the Town of Florida.  
Call for further information.*

**Northeast Regional Food Bank** 518 786-3691  
965 Albany Shaker Road, Latham, NY 12110

*If you have questions about the Regional Food Bank or the services we provide, please  
feel free to contact us at any time.*

## Free Meal Programs

SUNDAY	Reformed Church "Manna House Meals" 165 Canal Street, Ft. Plain	5pm	518 993-4302
SUNDAY	St. Ann's Episcopal Church 37 Division Street, Amsterdam Last Sunday of the month during September through March, & June. Call for April & May dates	11:30am- 1pm	518 842-2363
MONDAY	Faith Soup Kitchen Masonic Temple 34 Division Street, Amsterdam	11:30am- 12:30 pm	518 842-4500
MONDAY	Drop-in-Center Masonic Temple, 34 Division Street Amsterdam <i>(For adult consumers of mental health services only.)</i>	4:15pm	518 762-5332 Ext 103
TUESDAY	Amen Place Soup Kitchen 101 Guy Park Avenue, Amsterdam	1pm-3pm	518 843-AMEN (2636)
WEDNESDAY	Drop-in-Center Masonic Temple, 34 Division Street Amsterdam <i>(For adult consumers of mental health services only.)</i>	4:15pm	518 762-5332 Ext 103
FRIDAY	Crossroads Community Mission 24 Division Street, Amsterdam (Located in church café.)	11am-1pm	518 627-4401
SATURDAY	Reformed Church "Manna House Meals" 165 Canal Street, Ft. Plain	5pm	518 993-4302

## Supplemental and Reduced-Price Food Programs

### Eat Smart New York

518 765-3500

*Free to all individuals who qualify for and/or receive benefits through the Supplemental Nutrition Assistance Program (SNAP). ESNY provides nutrition education materials and sponsors education events and classes in local communities on a variety of nutrition topics like: healthy eating on a budget, smart shopping for vegetables and fruit, healthy meal planning, etc.*

### **SNAP – formerly known as the food stamp program**

*A Federal program for income-eligible families to help purchase food. For a free, confidential pre-screening, contact the Legal Aid Society, Nutrition Outreach & Education Program. You may also apply directly with DSS in your county.*

**Fulton County:** 518 736-5600

**Montgomery County:** 518 853-4646



## **WIC – Women, Infants, and Children Program**

518 853-8363

Fulmont Community Action Agency, Inc.

*A supplemental food/educational program for pregnant, breast-feeding, and post-partum women, and children up to age 5. Vouchers for nutritious foods, including infant formula, to income eligible families.*

### **WIC Locations:**

#### **Fulton County:**

##### **Gloversville**

Fulmont Community Action Agency Office

53 Church Street

518 725-2310

Open: Monday through Friday, 7:30am – 4pm  
(Serving Johnstown, Gloversville, and Mayfield)

##### **Northville**

511 Bridge St

518 863-2177

Open: Bi-monthly – third Tuesday

#### **Montgomery County:**

##### **Amsterdam**

Fulmont Community Action Agency

Riverfront Center, 1<sup>st</sup> floor

518 842-5336

Open: First week of every month  
Monday through Friday, 7:30am – 4pm

##### **Fonda**

Fulmont Community Action Agency Main Office

County Annex Building, 2<sup>nd</sup> floor

518-853-8363

Open: Monday through Friday, 7:30am – 4pm

##### **Fort Plain**

Fulmont Community Action Agency

200 Canal Street

518 993-3230

Open: Second Tuesday, Wednesday, Thursday  
each month 7:30am – 4pm

*An intake can be taken over the telephone. Once an appointment is made, individuals will need to bring proof of income, proof of residence, and identification. At that time, all applicants will need to complete a general screening form. If eligible, individuals will receive a voucher listing the specific foods or items they can purchase.*

## **Education and Information**

### **Cornell Cooperative Extension – Fulton and Montgomery**

518 853-2135

Fonda Annex Building

20 Park Street, Room 202 Fonda NY

Fax 518 853-2129

<b>Health Clinics, Centers and Services</b>
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**ACT Team**

446B Guy Park Avenue, Amsterdam  
 Fax 518 770-7812  
 Crisis Line 518 813-1577

518 770-7827

*St. Mary's Healthcare provides ACT services, Assertive Community Treatment (ACT) a team-based treatment model that consists of a community-based group of medical, behavioral health and rehabilitation professionals who use a team approach to meet the needs of an individual with severe and persistent mental illness. An individual who is appropriate for ACT does not benefit from receiving services across multiple, disconnected providers and may become at greater risk of hospitalization, homelessness, substance use, victimization and incarceration. An ACT team provides person-centered services addressing the breadth of an individual's needs, helping him or her achieve their personal goals.*

**Eddy Alzheimer's Services**

*Fulton, Montgomery and Schoharie Counties.*

518 238-4163  
 518 369-5727

**Child and Family Health Clinic**

67 Division Street, Amsterdam

518 627-2110

**Community Health Center (CHC)**

2 West Main Street, Johnstown

518 762-8215

*Rehabilitation, care management and specialty services.*

**Fulton County Public Health**

2714 State Highway 29, Johnstown

518 736-5720  
 (ask for public health nurse)

*Immunization, clinic, well child clinic, Socially Communicable Infections (SCI) clinic, and HIV testing. Dental clinic for children, screening for lead poisoning, Infant Health Assessment Program, Child Health Plus, and Medicaid enrollment, etc.*

**Home Health Care Services**

Home Health Care Partners	Amsterdam	800 342-1426
Home Helpers	Hagaman	518 842-5626
Simply the Best	Johnstown	518 900-8080
Visiting Nurses Home Care	Johnstown	518 762-2410
	Amsterdam	518 842-1764

**Montgomery County Public Health**

20 Park Street, Fonda

518 853-3531

**Nathan Littauer Hospital and Nursing Home**

518 725-8621

**Nathan Littauer Primary Care Centers**

<b>Caroga Lake</b> , 1840 State Hwy. 10	518 835-2341
<b>Fonda</b> , 46 E. Main Street	518 853-3190
<b>Gloversville</b> , 99 East State Street	518 773-5690

<b>Johnstown</b> , 23 North Perry Street	518 736-1500
<b>Mayfield</b> , 2497 State Highway 30	518 661-5493
<b>Perth</b> , 4104 State Highway 30	518 883-8620
<b>Speculator</b> , 2862 State Route 8	518 548-8155

<b>Planned Parenthood Mohawk Hudson</b> 400 North Perry Street, Johnstown	518 736-1911
4803 State Highway 30, Amsterdam	518 842-0285

*Reproductive health care services including: gynecological exams, pregnancy testing and options counseling, testing and treatment for sexually transmitted infections, confidential HIV testing and counseling, birth control information and supplies. Medicaid, many insurances, sliding fee scale.*

<b>St. Mary's Healthcare (Hospital)</b>	518 842-1900
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**St. Mary's Healthcare Primary Care Centers**

<b>Amsterdam</b> , 380 Guy Park Avenue (Carondolet Pavilion)	518 841-7415
<b>Canajoharie</b> , 48 Erie Blvd.	518 673-2573
<b>Gloversville</b> , 84 East State Street	518 773-8894
<b>Johnstown</b> , 700 South Perry Street	518 762-3161
<b>Memorial Campus</b> , 4988 St. Hwy 30 Amsterdam	518 841-3770
<b>Northville</b> , 331 Bridge Street	518 863-4200
<b>St. Johnsville</b> , 7 Timmerman Avenue	518 568-7145

<b>St. Mary's Healthcare Adult Medical Day Health Care At Wilkinson Center</b>	518 841-3605
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4988 State Highway 30, Amsterdam

*Health monitoring, socialization and supervision, skilled nursing care and assistance with eating, walking, toileting and personal hygiene, speech, occupational and physical therapies, nutritious meals and snack, lab and x-ray services, case management, recreational activities, arts and crafts, social services, caregiver support services and an "Adopt a Grandparent" program. Transportation to and from the program is available.*

**St. Mary's Urgent Care Centers**

(All Centers are open from 8 am – 7 pm daily including holidays)

Amsterdam, 4950 State Highway 30	518 842-3100
Gloversville, 84 East State Street	518 773-7710
St. Johnsville, 7 Timmerman Avenue	518 770-7818

**New Dimensions in Living, Inc.**

40 Wall Street, Amsterdam

518 843-2575

*Dental and Primary Care*

**New York Oncology Hematology**

1700 Riverfront Center, Amsterdam

518 843-0020

*New York Oncology Hematology (NYOH) is the leading provider of community-based cancer care and blood disorder services. With seven convenient locations in Albany, Amsterdam, Clifton Park in Saratoga County, Hudson, Rexford and Troy, our team of 32 physicians and 350 cancer care specialists see more than 100,000 cancer visits a year.*

### **Roswell Park Cancer Institute**

665 Elm St, Buffalo, NY 14205

Referral Services: (1-800) 767-9355

*\*Physician referring patient to RPCI*

*\*Diagnosis or suspicion of cancer or want second opinion*

*\*General or specific question about cancer or learn about trials*

*\*Will your insurance cover costs at RPCI*

General Information: 1-800-767-9355

Gilda Radner Cancer Registry: 1-800-682-7426

### **American Cancer Society**

518 220-6901

1 Penny Lane, Latham, NY 12110

*Information on cancer treatment and prevention, early detection and smoking cessation: community resource database.*

### **American Heart Association**

518 262-3125

43 New Scotland Ave, Albany, NY 12208

*Albany Med and the American Heart Association (AHA) have initiated a groundbreaking collaboration to improve the heart health of the Capital Region. The collaboration began in 2017 when Albany Med joined forces with the AHA to be part of the first ever "Life is Why" campaign in our region. The campaign is the Heart Association's national initiative designed to help individuals make small changes in their lifestyle that will result in healthier, happier and longer lives. Albany Med is proud to join the American Heart Association in the fight against the nation's number-one killer, heart disease, and help save countless lives through this important campaign.*

### **American Diabetes Association**

518 218-1755

2 Pine West Plaza, Albany, New York 12205

*The American Diabetes Association funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health professionals and the public.*

### **Brain Injury Association of New York State**

518 459-7911

4 Pine West Plaza Suite 402, Albany, NY 12205

*The mission of the Brain Injury Association of New York State is to minimize brain injury through prevention and to support, educate and advocate for individuals with brain injuries and their families.*

### **St. Mary's Healthcare Health Home**

518 770-6882

4988 State Highway 30, Amsterdam

*St. Mary's Healthcare is a New York State-designated lead Health Home and serves all ages. A Health Home is not a place; it is a care coordination service that connects community and*

social supports with health care. A Health Home ensures all caregivers involved with a person talk to one another so they can focus on their client's needs.

### **Wells House Adult Day Health Program**

518 736-1373

201 West Madison Avenue, Johnstown

*Medical monitoring, nursing care, personal care and hygiene, social work, dietary consultation, nutritional lunch and snacks, rest and exercise, physical, occupational and speech therapies, diversified leisure time/educational activities, and arrangement for emergency care. Additional services that can be arranged include dental, podiatry, laboratory, radiology, beauty and barber shop.*

### **Local Dentists accepting Medicaid:**

New Dimensions	518 843-2575
Ellis Dental	518 382-2270
Hometown Health Center	518 370-1441
Dr. Morini	518 843-2191
Dr. Rad (oral surgery)	518 842-9850

### **Public Housing**

### **Housing Assistance Program of Washington County**

518 372-8846

11 Federal Street, Saratoga Springs, NY 12866

### **Housing Authority**

*Administers rental certificates and housing vouchers, must be income eligible. For additional details contact one of the sites listed below:*

<b>Amsterdam</b> , 52 Division Street (maintain rehabilitation units also)	518 842-2894
<b>Gloversville Housing Authority</b> (Administration)	518 773-7308
<b>Forest Hills Towers</b>	518 725-7312
<b>Kingsboro Towers</b>	518 725-5322
<b>Dubois Gardens Apartments</b>	518 773-7308
<b>Johnstown Public Housing Agency</b>	518 773-7308

### **H.U.D - U.S. Dept. of Housing & Urban Development**

*HUD's mission is to increase home ownership, support community development, and increase access to affordable housing free from discrimination.*

<b>Fulton County</b>	518 775-1892
<b>Montgomery County</b>	518 842-2907

### **Section 8**

<b>Amsterdam</b>	518 842-2894
<b>Canajoharie</b>	518 673-2203
<b>Gloversville</b>	518 372-4739

*(Applications for senior and family housing, must be income eligible)*

**Fort Plain** (*Montgomery County – excluding Amsterdam*) 518 372-4739  
**Johnstown** 518 372-8846  
**St. Johnsville** 518 568-2214

**Residences/Supportive Housing for  
People with Psychiatric Disabilities**

**Catholic Charities** 518 762-8313  
55 East Main Street Suite 100, Johnstown

*Several residences for adults with mental health disabilities, including a single room occupancy program and a group home for individuals who are dually diagnosed, mentally ill, chemically abusing (MICA).*

**Danielle’s House** 518 627-4649  
218 East Main Street, Amsterdam

*A program of Interfaith Partnership for the Homeless, an Albany based agency working to address the needs of the homeless and low income community in Amsterdam and surrounding area.*  
[www.interfaithpartnership.com](http://www.interfaithpartnership.com)

**Fulton County YMCA** 518 725-0627  
19 East Fulton Street, Gloversville

*Apartment style living. Can accommodate both men and women.*

**Fulton Friendship House** 518 762-2294  
462 North Perry Street, Johnstown  
18-20 Cayadutta Street, Johnstown (Administrative Office) 518 725-1512

*Provides a full range of residential services including group homes and supportive apartments to individuals living with mental illness or who are dually diagnosed with substance abuse.*

**Liberty Enterprises** 518 842-5080  
43 Liberty Drive, Amsterdam

*Not-for-profit organization offering support and services to adults and children with developmental disabilities and others with special needs. Services include residences (several options), vocational programs, day supports, family support services, health related services and transportation.*

**Mental Health Association in Fulton & Montgomery Counties**  
307-309 Meadow Street, Johnstown 518 762-5332  
11 Mohawk Place, Amsterdam 518 842-3717

*Residential services in Montgomery County include 24-hour Supervised Community Residences providing case management, training and support to assist with daily living,*

*symptom management, assertiveness training, medication management, community integration, and socialization. Additionally there is a 24 bed apartment treatment program with apartments throughout Amsterdam and a Supported Housing Scattered Site Program where individuals choose their own apartment in Montgomery County.*

**The Arc Lexington New York**

518-773-7931

127 East State St. Gloversville, NY 12078

*Lexington provides services and supports in Fulton and Albany Counties to approximately 1,000 children and adults with intellectual and developmental disabilities, including autism, mental illness, cerebral palsy, physical disabilities, epilepsy and traumatic brain injuries. Lexington's person-first approach puts the emphasis on each person's needs, wants and desires rather than their disability. From how we structure program activities to the language we use at our agency, we are committed to fostering an environment where the people we support are not only respected and valued, but also play an integral role in Lexington's day-to-day operations. Lexington continues to expand and diversify while remaining deeply committed to its core values and mission of excellence-making Lexington a great place for people with disabilities and for our employees.*

**Legal Services**

**Albany Law School**

518 445-2311

80 New Scotland Avenue, Albany

(Disability Issues) 518 445-2328

**Alternatives to Incarceration**

518 762-7856

1 East Montgomery Street, Johnstown

*Supervision of people age 16 or older who have been sentenced to community service or who are on pre-trial release.*

**Court Appointed Special Advocates (CASA)**

518 842-3762

143-145 East Main Street, Amsterdam

*Trains volunteers to represent children in Family Court (in both Fulton & Montgomery Counties) who have been abused or neglected. Operated through Centro Civico.*

**Crime Victims Assistance – Montgomery County**

Catholic Charities

55 East Main St. Suite 100, Johnstown

518 762-8313

1 Kimball Street, Amsterdam

518 842-4202

**Legal Aid Society of Northeastern New York, Inc.**

518 842-9466

1 Kimball Street, Amsterdam

Fax 518 843-1792

**Mental Hygiene Legal Services**

518 451-8710

3<sup>rd</sup> Judicial Department

40 Steuben Street, Suite 501, Albany 12207

*Mental Hygiene Legal Services provides assistance to persons with mental disabilities who are receiving care or alleged to be in need of care at inpatient or outpatient treatment facilities.*

**Montgomery County Community Service Program** 518 853-4355  
County Annex Building, 20 Park St, Fonda 12068  
*A program of the Youth Bureau.*

**Tri-County Mediation Center**  
**Catholic Charities**  
1 Kimball Street, Amsterdam 518 842-4202  
55 East Main Street, Johnstown 518 762-7313

*No fees. Mediation for disputes. Available for presentations on conflict resolution, peer mediation, workplace stress.*

**Victim/Witness Assistance Program** 518 736-5511  
**Fulton County District Attorney's Office**  
Fulton County Office Building, 223 West Main Street, Johnstown

**Mental Health Care  
Providers**

**Local:**

**Aronson, Cynthia LMSW** 518 705-1042  
2623 State Highway 30A, Fonda  
[caronson@nycap.rr.com](mailto:caronson@nycap.rr.com)

**Balance Psychotherapy & Energy Wellness**  
Tammy Zumbo  
41 S. Perry Street. Johnstown NY 518 893-1687  
Ages 6 – 65+

**Boerenko, Sara A. LMSW** 518 620-1601  
1851 Riverfront Center, Amsterdam NY  
*Ages 13 and up*

**Brunelle, Suzanne** 518 399-3220  
113 Saratoga Road, Suite 102  
Glenville, NY 12302

**Catholic Charities** 518 762-8313  
55 East Main Street Suite 101, Johnstown Fax 518 762-4092  
1 Kimball Street, Amsterdam 518 842-4202

*Counseling for adults, children, adolescents, and veterans. Victim services.  
Call for other services available.*



<b>Family Counseling Center</b>	518 725-4310
11-21 Broadway, Gloversville	518 993-2273
2 Willett Street, Ft. Plain	
<i>Counseling for adults, children, and adolescents.</i>	
<b>Fonda Veteran's Outpatient Clinic</b>	518 853-1247
2623 State Highway 30A, Fonda	
<b>Gilston, Mary CSW</b>	518 842-1929
847 Midline Road, Amsterdam	
<b>Jajoor, Nagaraj, MD</b>	518 841-7368
St. Mary's Healthcare, 427 Guy Park Avenue, Amsterdam	
<b>Long, Michael Ph.D.</b>	518 762-5544
34 S. William Street, Johnstown	
<b>Ninan, Oomman, P MD</b>	518 842-0500
2610 Riverfront Center, Amsterdam	
<b>PROS</b>	518 841-7346
4988 State Highway 30, Amsterdam	
<b>St. Mary's Mental Health Adult Clinic</b>	518 841-7341
427 Guy Park Avenue, Amsterdam	
<b>St. Mary's Mental Health Clinic</b>	518 773-3531
57 East Fulton Street, Gloversville	
<b>St. Mary's Mental Health Children's Clinic</b>	518 843-7520
4988 State Highway 30, Amsterdam	
<b>St. Mary's Mobile Geriatric Outreach Program</b>	518 841-7462
<i>Addresses the mental health needs of the elderly population in Fulton &amp; Montgomery Counties.</i>	
<b>Valentine, Edward, MD</b>	518 725-4414
241 Steele Avenue Ext., Gloversville	
<b>Veteran's Service Agency of Fulton County</b>	518 762-0698
19 North William Street, Johnstown	

***Out of County:***

**Ellis Hospital Mental Health Services**

216 Lafayette Street, Schenectady 12305

518 386-3300

*Adult inpatient and outpatient; adolescent services; electroconvulsive therapy; case management; peer advocacy*

**Ellis Hospital Crisis Information & Referral Hotline 24/7** 518 243-3300**Four Winds Saratoga**

30 Crescent Avenue, Saratoga Springs 12866

Admissions

e-mail: [www.fourwindshospital.com/saratoga](http://www.fourwindshospital.com/saratoga)

*Inpatient for children, adolescents, and adults, including eating disorders\* and dual diagnosis; outpatient services*

\* Maryann Abrams, RN, MSW, CT

518 584-3600

1-800-888-5448

1-800-959-1287

**Comprehensive Care Center  
for Eating Disorders of Northeastern NY**

25 Hackett Blvd. Fl.3 Albany, NY 12208

518 262-5299

**NYS McPike Addiction Treatment Center**

1213 Court Street, Utica 13502

315-738-4600

Fax 315 738-4437

**Mohawk Valley Psychiatric Center**

1400 Noyes St. York, Utica 13502

315 738-3800

*Offers acute and intermediate inpatient care for children and adolescents 6-17 years of age.*

**Samaritan Counseling Centers**

Main office: 220 N. Ballston Avenue (Rte. 50) Scotia 12302 Fax 518 374-9193  
Offices also in Albany, Clifton Park, Rennselaer, and Saratoga

518 374-3514

*Private, not-for-profit center offering individual, couple, and family therapy, as well as comprehensive business consulting services.*

*Disclaimer: These listings are provided for information purposes only and the facilities are not to be considered recommendations of the Mental Health Association in Fulton and Montgomery Counties. The Mental Health Association does not accept responsibility for the success or failure of any of the treatment programs/facilities on this list. We have not researched their practices nor verified their licenses.*

**Mental Health and Disabilities  
Supportive Services**

**ACCESS-VR**

55 East Main St. Johnstown, NY 12095

518 773-2884

*Adult career and continuing education services, assisting individuals with disabilities to achieve and maintain employment and support independent living.*

**Advocacy (Ombudsman) Program**

**Mental Health Association in Fulton & Montgomery Counties**

307-309 Meadow Street, Johnstown

518 762-5332

(ext. 103)

*Advocacy for consumers of mental health services on the local, state, and federal levels with focus on the promotion of mental wellness, quality of care in treatment, and adequate funding for services.*

**Cerebral Palsy Association of NYS**

3 Cedar St. Ext. Cohoes, NY 12047

518-436-0178

*CP of NYS works with the State of New York to enhance the quality of life for people with disabilities and their families. Our Affiliates provide a wide variety of programs, including community living opportunities, Day Habilitation and Day Treatment programs, Early Intervention, Preschool and School Age Special Education, and Family Support Services which help thousands of families care for a loved one with a disability.*

**Compeer and Compeer for Youth**

**Mental Health Association in Fulton & Montgomery Counties**

307-309 Meadow Street, Johnstown

518 762-5332

(ext. 116)

*Trained adult volunteers are matched as friends and mentors with children and adult mental health consumers. Available in Montgomery County only.*

**Lexington Center**

465 North Perry Street, Johnstown

518 762-0024

*Provides a full range of services to children and adults who have developmental disabilities, physically handicapped, or emotionally disturbed. Includes group homes, employment service, and sheltered workshop for job training.*

**Lexington Clinic**

465 North Perry Street, Johnstown

518 762-0024

(ext. 235)

*Offers Occupational Therapy, Physical Therapy, Speech, Nursing, Vocational Rehabilitation, Psychology, Social Work, & Psychiatry services to individuals with developmental disabilities, generally 18 and over.*

**Lexington Family Services**

518 773-2014

43 Harrison Street, Gloversville

*Helping families in Fulton County who are caring for a child or adult who is developmentally disabled through a wide variety of services. Some examples are respite, recreation, advocacy, and support.*

**Lexington Mental Health Services**

518 762-0024

465 North Perry Street, Johnstown

*Comprehensive services for people 18 and over with mental health disorders including group, individual, and medication therapy and rehabilitation services. Day program and residential options available.*

**Liberty Enterprises**

518 842-5080

43 Liberty Drive, Amsterdam

*Not-for-profit organization offering support and services to adults and children with developmental disabilities and others with special needs. Services include residences (several options), vocational programs, day supports, family support services, health related services, and transportation.*

**Medicaid Buy-in for People with Disabilities**

1-800-541-2831

*Eligibility: disability defined by SSI, between 16-65, working at least part time, earn up to \$61,740 for single person, \$83,340 for couple, and countable resources under \$20,000.*

**MHA Drop-in-Center**

518 762-5332

Masonic Lodge, 34 Division Street, Amsterdam

(ext. 103)

*Open Monday and Wednesday from 2pm – 5pm. Drug and alcohol free center that provides recreational, social, and educational opportunities in a self-help and peer supported environment.*

**MHA Leisure Lounge**

518 762-5332

73 North Main Street (1st floor), Gloversville

(ext. 103)

*Open Tuesday and Thursday from 2pm-5pm. Drug and alcohol free center that provides recreational, social, and educational opportunities in a self-help and peer supported environment.*

**MHA Peer Support Services**518 842-3717 Ext 201  
Agency Cell 518 857-2203

*MHA Peer Support Services provide mentoring and coaching from a New York State certified Peer Support Specialist. The program can also provide referrals and connections to recovery and community resources. Assistance and support is available to individuals transitioning in and out of the various levels of residential services.*

**MHA Residential Services** 518 842-3717  
11 Mohawk Place, Amsterdam

*Residential and rehabilitative services for adults and adolescents who have a primary psychiatric diagnosis and may have a secondary diagnosis of substance abuse. Respite services are available for adults and children.*

**Northeastern Association of the Blind** 518 463-1211  
301 Washington Avenue, Albany 12206

*Services offered locally at the Workforce Solutions Center, 2620 Riverfront Center, Amsterdam 518-842-3676*

**PROS (Personalized Recovery Oriented Services)**  
St. Mary's Healthcare Memorial Campus, Rte. 30, Amsterdam 518 841-3698  
St. Mary's Offices, 73 N. Main Street, Gloversville 518 773-8727

*A comprehensive recovery-oriented program for individuals with severe and persistent mental illness. The goal is to integrate treatment, support, and rehabilitation in a manner that facilitates consumer's recovery.*

**Representative Payee Services** 518 842-3717  
**Mental Health Association in Fulton & Montgomery Counties** (ext. 204)  
11 Mohawk Place, Amsterdam

*A program that manages the finances of consumers of mental health who are not able to take care of their finances (income obtained from Social Security or Supplemental Security Income).*

**Resource Center for Independent Living** 518 842-3561  
347 West Main Street, Amsterdam

*Not-for-profit community based program, which provides a variety of services to persons with disabilities.*

**Single Point of Access for Adult Services** 518 773-3531  
**(SPOA) in Fulton & Montgomery Counties** 518-773-3559 (ext. 115)  
**Fulton County Mental Health Clinic**  
57 East Fulton Street, Gloversville

*The goal of this initiative is to assist those adults (18 years old and older) who require the highest level of service in the community and ensure they are given priority for these high level services, including residential and case management*

**Single Point of Access for Children's Services** 518 762-5332  
**(SPOA) in Fulton & Montgomery Counties** (ext. 115)  
**Mental Health Association in Fulton & Montgomery Counties**  
307-309 Meadow Street, Johnstown  
**Please see page 18 for a description of services available**

## ***Respite, Camps, & Activity Groups for Children and Families***

**Mountain Valley Hospice** 518 725-4545  
108 Steele Avenue, Gloversville

**Lexington Family Services** 518 773-2014  
18 E. Fulton Street, Gloversville

*Helping families in Fulton County who are caring for a child or adult who is developmentally disabled through a wide variety of services. Some examples are: respite, recreation, advocacy, and support.*

### **Parenting Groups:**

**The Family Room** 518 842-4202  
Catholic Charities of Fulton & Montgomery Counties  
1 Kimball St. Amsterdam, NY 12010

*The Family Room recognizes that raising a child is one of the most challenging, important and rewarding jobs. We understand that all parents and families need support and encouragement.*

*We strive to provide Montgomery County families with the support, information and opportunities necessary to foster the development of children and encourage stronger family relationships. Our center offers a variety of services and means of support to parents, children, grandparents, foster parents and our community partners.*

**Parent-to-Parent of New York State** 518 381-4350  
Capital District Office 1-800-305-8817  
500 Balltown Road, Schenectady 12304  
info@ptopnys.org

*Parent to Parent of New York State builds a supportive network of families to reduce isolation and empower those who care for people with developmental disabilities or special healthcare needs to navigate and influence service systems and make informed decisions.*

### **Mental Health Support Groups:**

**AI-Anon** 518 736-2644  
*Anyone who needs to contact a member of Alcoholics Anonymous of Fulton & Montgomery Counties may call the hotline number above.  
Call for meeting details.*

**Alzheimer's and Other Caregivers Support Group** 518 736-5650  
Fulton County Office for the Aging  
19 N. William Street, Johnstown  
*Meet first Monday of the month 7-9pm.*

**Alzheimers Assn. of Northeastern NY** 518 867-4999  
4 Pine West Plaza Suite 405  
Washington Avenue Extension  
Albany, NY 12205  
[www.alz.org/northeasterny](http://www.alz.org/northeasterny)

**Alzheimers Caregiver Support Group** 518 888-5563  
Healthlink/Vitality Plus Services Helpline 800-272-3900  
2 Colonial Court Johnstown, NY 12095

**Autism Support Services** 518-736-3807  
**Fulton-Montgomery Chapter**  
127 E. State St. Gloversville, NY 12078  
  
*Support services available through Lexington Family Services.*

**Brain Injury Support Group** 518 842-0457  
John Sowa, group facilitator 518-399-3949  
St. Mary's Healthcare

**Fort Plain Autism Support Group** 315 823-0327  
Fort Plain United Methodist Church  
39 Center Street & Lydius Street, Fort Plain  
  
*Support for parents, guardians, and family members of children with special needs.*

**MHA Dual Recovery Support Group** 518 857-2203  
11 Mohawk Place Amsterdam  
  
*Support for co-occurring mental illness and alcohol/substance abuse disorder. The support group meets every Monday from 3:00pm-4:00pm. Contact Jesse Glass at the above number or by email [jglass@mhafm.org](mailto:jglass@mhafm.org) for more information.*

**NAMI Family Support Group** 518-843-3261/518 842-5270  
  
*Monthly meetings for persons and/or families with a loved one who suffers from mental illness. Meetings are held in Amsterdam at 2414 Riverfront Center and in Gloversville at the Argersinger Building (73 – 79 North Main Street, Gloversville) first floor conference room, respectively on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of the month. Come anytime between 4pm and 8pm. No pre-registration is required. Support groups are free and open to all.*

## **The Peer Warm Line**

1-877-PEER-LINE  
(733-7563)

*Peer operators are trained to listen to anonymous callers, offer compassion and validation, and assist callers in connecting with their own internal resources, strengths, and direction. The operators can provide local, State, and national resources to assist callers in their recovery.*

## **Miscellaneous Support Groups:**

### **Better Breathers Club**

518 736-5630

Meetings monthly at HealthLink Littauer, 2 Colonial Court Johnstown, NY 12095  
Call for details. FREE!

*Support and education for adults with chronic lung diseases such as emphysema, bronchitis, asthma, and lung cancer. Family members are also invited to attend.*

### **Beyond Moms**

518 773-5710

Healthlink Littauer 2 Colonial Court, Johnstown, NY 12095

*Support for new mothers, their babies and loved ones. Focus on breastfeeding and parenting, and how moms can get the support they need to ensure a positive family experience. Meetings are free and no enrollment is necessary.*

### **Diabetes Education Program**

518 773-5425

Meetings monthly at Nathan Littauer Hospital  
Call for details.

*Teaches diabetics and their family members how to control and manage diabetes through an educational series of monthly meetings. FREE!*

### **Grandparents Raising Grandchildren Support Group**

518 736-5650

12noon-2pm on the third Friday of the month – currently offered  
at the OFA offices, 19 North Williams Street, Johnstown

### **HIV/AIDS Support Group**

518 842-4202

AIDS Council of N.E.N.Y.  
1 Kimball Street (Catholic Charities), Amsterdam

(ext. 3113)

### **LGBT Resource Centers**

Mental Health Association in Fulton & Montgomery Counties

*Safe and supportive environments for lesbian, gay, bisexual, transgender, and questioning individuals to obtain information, education, and service referrals.*

**Amsterdam:** Friday: Noon – 2pm or by appointment

518 842-2790

**Johnstown:** by appointment

518 762-5332



**Parent Support Group**

Family Counseling Center  
11-21 Broadway, Gloversville

518 725-4310  
(ext. 155)

*Parent Support Groups are for adults who have children with emotional and/or behavioral difficulties. Participants will have the opportunity to share their experiences and develop supportive relationships with other parents. Guest speakers, outings, and educational materials are included as requested by the group. Call for current schedule of times and locations.*

**SMOKEFREE**

518 736-1120

*Meetings monthly at Nathan Littauer Hospital. Call for details.*

**Surviving Loved One's Suicide (SOLOS)**

518 669-8229

*Meetings bi-monthly at St. Mary's Healthcare Hospital in Amsterdam. Contact Robert Martin for details. [rmartin5@nycap.rr.com](mailto:rmartin5@nycap.rr.com)*

**T.O.P.S. (Take Off Pounds Sensibly)**

518 461-3329

*Meetings weekly at Nathan Littauer Hospital Auditorium. Call Marion for details.*

*Disclaimer: These listings are provided for information purposes only and the facilities are not to be considered recommended by the Mental Health Association in Fulton & Montgomery Counties. The Mental Health Association does not accept responsibility for the success or failure of any of the treatment programs/facilities on this list. We have not researched their practices nor their licenses.*

<b><i>Transportation Services</i></b>
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**Access**

16 River Street, Fort Plain

518 993-4252  
1-877-993-4252

*Medical transportation*

**Fulton County Senior Transportation**

Fulton County Office for the Aging  
19 N. Williams Street, Johnstown

518 736-5650

**Medicaid Transportation**

Medical Answering Service, PO Box 11998, Syracuse 13218

Fulton County:

Montgomery County:

[www.medanswering.com](http://www.medanswering.com)

1-855-360-3550  
1-855-360-3548  
Fax 315 299-2786

*Three day notice necessary*

**Public Transportation:**

**BUS**

**Gloversville Transit System**

[www.cityofgloversville.com](http://www.cityofgloversville.com)

518 773-4528

**Montgomery Area Xpress**

[www.co.montgomery.ny.us/mobility](http://www.co.montgomery.ny.us/mobility)

518 853-8334

**TAXIS**

Amsterdam:	Yellow Cab	518 843-1600
	Community Cab	518 842-4788
	On Time Taxi	518 332-1199
Gloversville:	Express Taxi	518 725-6780
Johnstown:	Glove City Taxi	518-725-9130

**Life Skills/Parenting Workshops & Classes**

**Parent To Parent of NYS**

518 381-4350

500 Balltown Rd, Schenectady, NY 12304  
Chelsea Place, Clifton Park (second floor)

*Parent to Parent of NYS is where families of individuals with special needs and the professionals who serve them can meet and share information.*

**Childbirth Programs**

518 736-1120

HealthLink Littauer	
2 Colonial Court, Johnstown	<i>Call for Details</i>
Childbirth Preparation	518 736-1120
Infant Care & Parenting	518 736-1120
Breastfeeding Your Baby	518 775-4250
Breastfeeding Support	518 773-5710
Birthing Center Tour	518 773-5710
Beyond Moms	518 773-5710

**Lifesavers Ministries**

16 East Pine St. Gloversville, NY 12078

518 774-4786  
Helpline 800-648-4357

*The heart of our ministry is to uphold life and see lives changed through the Gospel message as we continue being a voice for the unborn and a source of hope for the hopeless. The practical material assistance we offer complements the emotional and spiritual help women and families receive from LifeSaver Ministries as we strive to extend God's love in both word and deed reaching more souls with the message of life!*

**NAMI Family to Family Education Program**

2414 Riverfront Center Amsterdam, NY 12010

518 843-3261

*NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.*

*NAMI Family-to-Family is taught by NAMI-trained family members who have been there, and includes presentations, discussion and interactive exercises. For schedules or registration, call 518-843-3261 or visit NAMI-MFH at 2414 Riverfront Center, Amsterdam, NY 12010.*

**Parents Count Program**Catholic Charities of Fulton & Montgomery Counties  
1 Kimball Street, Amsterdam

518 842-4202

**Wellness****Amsterdam Chiropractic and Massage**

365 Division St., Amsterdam, NY 12010

518 842-9737

*Chiropractic is a gentle technique appropriate for people of all ages from newborns to the elderly. Our chiropractors practice a holistic approach to your health to ensure your body is functioning at optimal levels.*

**Blooming Lotus Yoga & Wellness**

25 W. Main St. Johnstown, NY 12095

518 774-4957

*We offer a variety of daily yoga classes for beginners and experienced yogis as well as workshops. We provide Yoga with singing bowls and also Sound Meditation.*

**Healing Touch Treatments:****Barbara Kramer HTCP**

Business hours by appointment

518 673-3497

**Irene Mello HTCP**  
Business hours by appointment

518 229-5879

**Linda Ivancic**  
41 S. Perry St. Johnstown, NY 12095  
Business hours by appointment

518 848-3308

*Hand Reflexology- Relaxation of mind, body and soul.*

**Sisters of the Earth Healing Studio**  
189 Rebisz Rd., Broadalbin, NY 12025  
Business hours by appointment

518 365-9251

*We offer Wellness Programs, Energy Healing & Workshops. Enjoy the stillness & the power of nature to heal the body & mind.*

**EnerQi Acupuncture**  
Stephanie Voght L.AC.  
228 Seebers Lane, Canajoharie, NY 13317  
Business hours Monday – Friday 9am-7pm (most days)

518 258-7406

*"Let your inner Qi, be your Energy"*

**TrippingTheMuse**  
58 N. School St., Mayfield, NY 12117

518 224-0345

*You can find us on Facebook, Instagram, Twitter and soon on Etsy. We offer handmade items utilizing locally sourced wool and upcycled materials.*

### **Miscellaneous**

**Copyright Information**  
[www.copyright.gov](http://www.copyright.gov)

**Public Service Commission**  
[www.askpsc.com](http://www.askpsc.com)

1-888-275-7721

*Regulates the state's electric, gas, steam, telecommunications, and water utilities. Home Energy Fair Practices Act (HEFPA) rules governing the provision of service by gas, electric, and steam corporations. Provides PSC Programs & Protections for Senior Citizens, the Handbook for Utility Customers with Disabilities, Consumer Complaint Procedures.*

## **United Way of Fulton County**

110-112 North Main Street  
Gloversville, New York 12078

518 725-9817  
fax 518 725-1362

*Mission: to identify and provide leadership and financial support for essential community programs and services in Fulton County. The United Way has more than a dozen partner agencies who assist needy individual and families with food, fuel and rental assistance to prevent homelessness, safety from domestic violence, elder and child abuse, elderly health and mental health education.*

## **United Way of Montgomery County**

1166 Riverfront Center  
Amsterdam, New York 12010

518 842-6650

*United Way of Montgomery County provides Vocational Services, Support and Information to its partner agencies.*

## **Wireless/Cell Phone Assistance**

**Assurance Wireless**      [assurancewireless.com](http://assurancewireless.com)      1-888-898-4888

*A free government-supported cell phone program offering up to 200 free minutes each month for income eligible persons or those participating in any of the following: Medicaid, Food Stamps/SNAP, Supplemental Security Income (SSI), Temporary Assistance for Needy Families (TANF), Federal Public Housing Assistance or Section 8, National School Lunch Program's Free Lunch Program.*

**Safelink Wireless**      [safelinkwireless.com](http://safelinkwireless.com)      1-800-723-3546

*A free government-supported cell phone program offering up to 250 free minutes each month for income eligible persons or participants in any of the following: Medicaid, Food Stamps, Temporary Assistance, Supplemental Security Income (SSI), Home Energy Assistance Program (HEAP), Veteran's Disability Pension (non-service related), Veteran's Surviving Spouse Pension (non-service related), Federal Public Housing Assistance or Section 8.*