

Daily Entrée Options:

” Mon-Fri- Peanut Butter & Jelly Sandwich  
 Turkey & Cheese Sandwich-Tues, Fri  
 Ham & Cheese Sandwich-Mon, Thurs  
 Bologna & Cheese Sandwich-Wed



# MENU

October 14-18 is  
 School Lunch Week  
 Be a lunch pirate with us!



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 OCTOBER  
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## PK-6 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Loaded Chicken &amp; Cheese Tacos</b> Salsa & Sour Cream Black Beans & Corn Rainbow Pepper Sticks	<b>Popcorn Chicken Bites</b> <b>Mozzarella Sticks</b> Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	<b>Macaroni &amp; Cheese</b> Corn Muffin Breaded Broccoli Bites Warm Cinnamon Apples	<b>Cheese Pizza</b> Steamed Mixed Veggie Blue Raspberry Applesauce Cup
<b>Rotini with Meat Sauce (beef)</b> Garlic Breadstick Steamed Green Beans Baby Carrots	<b>French Toast Sticks</b> Turkey Sausage Links or Cheese Omelet Sweet Potato Tots Orange Juice & Syrup	<b>Chicken Nuggets</b> Warm Garlic Knot Mashed Potatoes Fresh Veggie with Hummus	<b>Pineapple Teriyaki Chicken</b> Fried Rice & Dumplings Steamed Broccoli Fresh Grape Tomatoes	<b>No School Superintendents Day</b>
<b>No School</b> Columbus/Indigenous Peoples Day	<b>Ultimate Nachos</b> Salsa & Sour Cream Refried Bean Dip Golden Treasure Corn Rainbow Pepper Sticks	<b>Cannonball Meatball Marinara Sub</b> <b>Fresh Apples</b> French Fries	<b>Mummy Dogs</b> Tomato Soup Fresh Veggie w/Dip Dirt & Worms Pudding Cup	<b>Cheese Pizza</b> Steamed Mixed Veggie Mango Peach Applesauce Cup
<b>Chicken &amp; Waffles</b> Sweet Potato Fries 100% Juice Cup Syrup Cup	<b>Cheesy Breadsticks with Marinara Sauce</b> Breaded Broccoli Bites Baby Carrots Cocoa Brownie Bar	<b>Chicken Nuggets</b> Warm Garlic Knot Smiley French Fries Fresh Veggie with Hummus	<b>Tortellini Alfredo with Chicken</b> Garlic Texas Toast Peas & Carrots Fresh Grape Tomatoes	<b>Cheese Pizza</b> Steamed Mixed Veggie Emoji Graham Crackers
<b>Cheeseburger</b> French Fries Rainbow Pepper Sticks Choc Chip Cookie	<b>BBQ Chicken</b> Herbed Rice Honey Glazed Carrots Corn on the Cob	<b>Macaroni &amp; Cheese</b> Corn Muffin Seasoned Green Beans Warm Cinnamon Apples	<b>Mummy Dogs</b> Tomato Soup Fresh Veggie w/Dip Dirt & Worms Pudding Cup	<b>Cheese Pizza</b> Steamed Mixed Veggie Mango Peach Applesauce Cup

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
 Notice is posted when available.

**All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.**

