



MENU

This month's NY food item is from Adirondack Maple in Fonda, NY

MARCH

7-12 LUNCH

<p>Rotini with Meat Sauce 3 Warm Garlic Knot Steamed Broccoli Warm Cinnamon Pears</p>	<p>Mardi Gras Menu 4 Jambalaya w/ Sausage Corn on the Cob Cinnamon Bun</p>	<p>Toasted Meatball Sub 5 w/Mozzarella French Fries Glazed Carrots</p>	<p>Ultimate Nachos 6 Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar Mango Peach Applesauce</p>	<p>Pizza Slice 7 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad</p>
<p>Crispy Chicken Tenders 10 with assorted dipping sauces French Fries Green Beans Chocolate Chip Cookie</p>	<p>Popcorn Chicken Bowl 11 with mashed potato, cheese & gravy Dinner Roll & Yellow Corn Fresh Veggie w/Hummus</p>	<p>Brunch for Lunch 12 Spanish Broccoli Frittata Sunrise Waffles New Recipe! Home Fries 100% Juice Cup & Syrup</p>	<p>Philly Steak on WG Bun 13 Tater Tots Steamed Broccoli Fresh Fruit Choice</p>	<p>Pizza Slice Pi Day 14 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad Pear Hand Pie </p>
<p>Hot Corned Beef or Turkey Reuben Sandwich 17 Pesto Parmesan Rotini Seasoned Green Beans Tropical Kiwi Fruit Salad</p>	<p>Bistro Cheeseburger 18 (plain, cheese or bacon) Kettle Cooked Potato Chips Mac & Cheese Fresh Veggie w/Hummus</p>	<p>Superintendents Day 19 No School</p>	<p>Pineapple Teriyaki Chicken 20 Fried Rice & Veg Egg Roll Stir Fry Vegetables Baby Carrots</p>	<p>Pizza Slice 21 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad</p>
<p>Hot Dogs on WG Bun 24 Baked Beans Steamed Broccoli Warm Cinnamon Apples</p>	<p>BBQ Pork Bowl 25 Pineapple Corn Rice Veggie Pinto Beans Cucumber Slices Winter Berry Fruit Salad</p>	<p>Crispy Chicken 26 Drumstick w/Maple BBQ Cornbread Muffin Maple Sriracha Baked Beans & Coleslaw</p>	<p>Soft Tacos 27 (beef or turkey, cheese, lettuce) Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn</p>	<p>Pizza Slice 28 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad</p>
<p>Crispy Chicken Sandwich 31 Seasoned Waffle Fries Tomato, Cucumber Salad Cocoa Brownie Bar</p>				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

