


Calabacitas is a dish of zucchini, bell pepper, onion and corn in a garlic & lime sauce with cotija cheese

MENU

////////////////////
MAY
 //////////////////////

7-12 LUNCH

 School Lunch Superhero Day!

				Bistro Cheeseburger (plain, cheese or bacon) French Fries Pasta Salad Fresh Veggie w/Hummus	1	Pizza Slice (Cheese or Pepperoni) Green Beans Garden Side Salad	2
 CINCO de MAYO				Grilled Cheese on W.G Bread Tomato Soup Steamed Broccoli Fresh Grape Tomatoes	8	Pizza Slice (Cheese or Pepperoni) Green Beans Caesar Side Salad	9
Cheesy Empanada Calabacitas con Cojita Cheese Mexican Fiesta Rice Cinnamon Churro	5	Soft Tacos (beef or turkey, cheese, lettuce) Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn	6	Chicken & Waffles Crispy Chicken Drumstick Sunrise Waffles Home Fries 100% Juice Cup & Syrup	7		
Crispy Chicken Tenders with assorted dipping sauces French Fries & Carrots Steamed Carrots Chocolate Chip Cookie	12	Bistro Cheeseburger (plain, cheese or bacon) NY Breaded Onion Rings Pasta Salad Fresh Veggie w/Hummus	13	Toasted Ham & Cheese on Croissant Seasoned Potato Wedges Fresh Veggies w/Hummus Fresh Orange Green Beans	14	Pineapple Teriyaki Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables Baby Carrots	15
				Harvest of the Month Rotini with Meat Sauce Garlic Breadstick NY Roasted Asparagus Warm Cinnamon Pears Green Beans	21		
Crispy Chicken Sandwich Seasoned Waffle Fries Steamed Carrots Cocoa Brownie Bar	19	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Cowboy Caviar Strawberry Applesauce Cup	20	Popcorn Chicken Bowl with mashed potato, cheese & gravy Dinner Roll & Yellow Corn Fresh Veggie w/Hummus	22	NO SCHOOL	23
No School Memorial Day 	26	NO SCHOOL	27	Walking Taco (meat/bean, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn & Rice Crispy	28		
				Popcorn Chicken Bites Mozzarella Sticks Marinara Sauce Crinkle Cut French Fries Fresh Veggies	29	Pizza Slice (Cheese or Pepperoni) Steamed Green Beans Garden Side Salad	30

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION BOCES
 SHARED FOOD SERVICE PROGRAM

