

## Mayfield Central School District

Dear Parent(s) and Guardian(s):

We want to take this opportunity to remind you of important health requirements for the upcoming school year. Please review the information below and contact us if you have any questions.

**Health Examinations (physicals):**

- New York State law requires a health examination\* for all new entrants and students in grades Pre-K or K, 1, 3, 5, 7, 9 & 11;
- Every year for students participating in athletics (sports);
- For working papers as needed; or
- When required by the Committee on Special Education (CSE) or Committee on Pre-School Special Education (CPSE).
- Notify the Health Office if you DO NOT want your child to have a school physical.
- \*A dental exam form is also **requested** at the same time a grade-level health examination is required.

**Immunizations (shots/vaccines):**

- New York State law requires all students entering or attending (including remotely) any New York State school (public, nonpublic, and charter schools) must receive all doses of immunizations required for their grade level in order to attend school. The immunization requirements for each grade level are outlined on [NYSDOH Immunization Requirements for School Entrance/Attendance Chart](#). Students who do not have the required immunizations may not attend school.
- **Immunizations are due within the first 14 days of of the school year in which they are required.**
- A request for medical exemption to immunization must be completed on this form: [Medical Exemption Statement for Children 0-18 Years of Age \(ny.gov\)](#).

**Prescribed & Over-The-Counter Medications**

If your child needs to take medications during the school day the school must have the following: (**this includes over the counter medications**)

- A written healthcare provider order (Attestation is also required for independent (self carry) students using an inhaler)
- Written parent/guardian consent, and
- The medication must be brought to the school by an adult. The medications must be in their original labeled prescription or over-the-counter bottles/packaging. Any special supplies or equipment for the nurse to administer the medication must also be provided to the school.

For more information view the school website.

If you have any questions please reach out to your school nurse at the contact information below.

Sincerely,

Janine Kilpatrick, R.N. High School

Rebecca Lestage, R.N. Elementary School

Phone: (518) 661-8211

(518) 661-8254

Email: [Kilpatrick.janine@mayfieldcsd.org](mailto:Kilpatrick.janine@mayfieldcsd.org)

[Lestage.rebecca@mayfieldcsd.org](mailto:Lestage.rebecca@mayfieldcsd.org)

Fax: (518) 661-7666

(518) 661-6590